



Brett Alexander Frost

May 23, 1975 - December 23, 2022

No obituary found for this tribute.

Tribute Wall

KM

“ I've known Brett since we were teens. We lived together off and on as roommates. I was wild with him in my teens to early twenty's but then I sought out a better life. I would see Brett throughout the years to check in on how he was doing. He had a lot to offer this world yet his demons got the best of him. We grew up in a weird time period where creativity and self destruction went hand in hand. I always wonder what Brett could have accomplished if he just believed in himself as others did, like me. This makes me sad, so many ppl in our friend group have passed. I thought he'd finally make it to an older age but that wasn't Brett. He was a flame that burnt out way too soon. You will be missed Brett 💕💕

Kristen Maggio - December 05, 2024 at 03:15 PM

TC

“ Will miss you always homie. Got the news of your passing about six months ago & am just now able to send a message here for you. I was so glad to see you in Sept 2022 when you got to town & so bummed to hear you passed just a couple months later. You were always a true friend. Rest In Peace brother. You'll be missed.

Travis Cragle - March 20, 2024 at 02:14 AM



“ Vale Brannon lit a candle in memory of Brett Frost

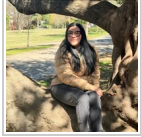


Vale Brannon - January 12, 2023 at 05:57 PM



Thank you

Frost Frost - May 22, 2023 at 02:40 PM



“ *RIP Brett. Be free. You'll ve missed.*



Vale Brannon - January 11, 2023 at 09:35 PM

BF

“ Brett was a light and his spirit larger than life . I was awestruck by him and his apparent allergy to conventional behaviors or norms from a very young age . I believe he fought hard to be true to himself. That level of authenticity and audacity likely got him into much trouble over the years . My earliest memories of him were of him letting me play my first video game with him and His brother Kevin . Donkey Kong I think it was . His hair at that time was also larger than life in his early teens and he was the reason I got into skateboarding. He was kind to me . He could be brutally honest and one could learn alot from his writings . I wish I knew him better . He endured more pain , alienation, physical suffering than most humans could even imagine and he found a way to put some of that into words which is a kind of triumph. I believe there is much to learn from each and every one of our lives . Especially the spirit that animated the one we call Brett Frost . How much unnecessary suffering can be spared the youth of today if we can collectively better support them , teach them , protect them (as much as possible) from the pitfalls in this beautiful and broken world , and give them opportunities worthy of their potential ? My name is Brook Frost . I am Brett's cousin . Brett's passing is tragic and my love and support goes out to his family which is also my family . If anyone has a story about Him please share . Peace be with you Brett

brook frost - January 09, 2023 at 09:23 PM



Thank you Brook. Means the world to me Steve Frost

Frost Frost - May 14, 2023 at 01:06 AM